## Understanding Child Welfare and the Dependency Court:

## A Guide for Substance Abuse Treatment Professionals

## **Participant Workbook**



#### **NOTE**

This document was developed by the Department of Human Services, Division of Child and Family Services (DCFS). It was produced expressly "For Training Purposes Only" for substance abuse treatment providers. It does not supersede nor amend any laws, policies, rules or established practices. Any questions or concerns about the use of this document or its contents should be directed to:

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#### **About this Course and Course Materials**

The online course and PDF version of *Understanding Child Welfare and the Dependency Courts: A Guide for Substance Abuse Treatment Professionals* were developed by the Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration and are maintained by the National Center for Substance Abuse and Child Welfare on its website:

<a href="http://www.ncsacw.samhsa.gov">http://www.ncsacw.samhsa.gov</a>. NCSACW is an initiative of the Department of Health and Human Services and jointly funded by the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Substance Abuse Treatment (CSAT) and the Administration on Children, Youth and Families (ACYF), Children's Bureau Office on Child Abuse and Neglect (OCAN).

The course materials, including the Participant Workbook and Supervisor/ Administrator Handbook, were developed by the Utah Division of Child and Family Services (DCFS), with the assistance of the Utah Division of Substance Abuse and Mental Health (DSAMH) and the Center for Children & Family Futures (CCFF).

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#### **How to Use this Course and Course Materials**

#### The Online Course

The purpose of this course is to educate substance abuse treatment providers about the complexity of the child welfare system and dependency court, and to improve services to families that are affected by substance abuse. The course consists of an introduction, five modules, and a Knowledge Assessment.

#### The Participant Workbook

The Participant Workbook was designed to be a companion to the course. It features reading questions, and self-reflection and goal-setting exercises to supplement each module. Participants can answer the reading questions as they go through each module. The reading questions help participants identify key points and develop their knowledge of specific areas related to working with families affected by substance abuse. The self-reflection and goal-setting exercises help participants consider how they might handle situations identified in the case studies and how they can apply what they learn in their work with clients.

## The Supervisor/Administrator Handbook

The Supervisor/Administrator Handbook was designed to help substance abuse treatment providers to use the tutorial to train multiple staff on child welfare and the dependency court. It features the reading questions from the Participant Workbook, answers to the reading questions, tips for planning group discussion, and a discussion facilitation guide.

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#### **Substance Abuse and Child Welfare in Utah**

- In 2006, 43.2% of all substance abuse treatment clients were parents of dependent children<sup>1</sup>.
- In the same period, 58.1% of women entering treatment had dependent children, and the average number of children was 2.26<sup>2</sup>.

For the period January 1 and June 30, 2007:

- 70% of children removed during child protective services (CPS) investigations were listed on a case with a contributing factor of alcohol or drug abuse<sup>3</sup>.
- 59% of children who received ongoing services within 14 days after the close of the CPS investigation were listed on a case with a contributing factor of alcohol or drug abuse<sup>4</sup>.
- 30% of supported CPS investigations had a case-contributing factor of alcohol or drug abuse<sup>5</sup>.
- 14% of all CPS investigations had a case-contributing factor of alcohol or drug abuse.

Research shows that children with substance abusing caregivers tend to come to the attention of the child welfare system younger than other children, are more likely than other children to be placed in care, and are likely to remain in care longer<sup>6</sup>.

<sup>3</sup> Division of Child and Family Services SAFE Management Information System: prevalence of substance abuse on child protective services cases in Utah for 1/1/07-06/30/07 (2007). Salt Lake City, UT: Division of Child and Family Services Data Unit.

<sup>&</sup>lt;sup>1</sup> Division of Substance Abuse and Mental Health. Annual Report (2006). Salt Lake City, UT.

<sup>&</sup>lt;sup>2</sup> Ibid

<sup>&</sup>lt;sup>4</sup> Ibid.

<sup>&</sup>lt;sup>5</sup> A case finding of "supported" means that the evidence obtained during the investigation supported the allegation of abuse or neglect. Cases without a "supported" finding may be closed as "unsupported" or "without merit." For more information on Utah's child welfare definitions, see <a href="http://www.hspolicy.utah.gov/dcfs/">http://www.hspolicy.utah.gov/dcfs/</a>, select Practice Guidelines and Rules, then Practice Guidelines, then Definitions.

<sup>&</sup>lt;sup>6</sup> Semidei J, Feig Radel L, Nolan C (2001). Substance Abuse and Child Welfare: Clear Linkages and Promising Responses. Child Welfare 80 (2): 109-127.

#### **Benefits of this Course**

The NCSACW online course is the training of choice for treatment professionals in Utah because:

- Treatment professionals can take the course free of charge and receive up to 4 credit hours under the Danya Institute.
- It identifies strategies for keeping substance abuse treatment clients with children out of the child welfare system.
- It describes the Indian Child Welfare Act and implications for American Indian families who become involved with the child welfare system.
- It describes how treatment professionals can partner with child welfare caseworkers to support parents whose children are involved in the child welfare system.
- It is applicable to professionals who administer and manage treatment facilities and also to front-line caseworkers.
- Its information on the child welfare system can benefit all professionals, regardless of their levels of experience.
- It provides consistent, reliable, and high-quality information.

#### **Course Outcomes**

- Substance abuse treatment providers will be able to describe the continuum of services offered through the child welfare system.
- Substance abuse treatment providers will demonstrate understanding of how competing timetables for treatment, the child welfare system, and the dependency court can affect parents in treatment.
- Substance abuse treatment providers will be able to describe the basic requirements and expectations that the child welfare and dependency court systems place upon clients in treatment.
- Substance abuse treatment providers will understand the general requirements of the Indian Child Welfare Act.
- Substance abuse treatment providers will consider their roles in supporting families involved with the child welfare system.
- Substance abuse treatment providers will more fully understand children's needs and experiences related to having a parent with a substance abuse problem.
- Substance abuse treatment providers will recognize the importance of assessing the status of minor children of treatment clients and offer strategies and resources to help ensure that basic needs and needs related to safety are met.
- Substance abuse treatment providers will understand the benefits of teaming with child welfare caseworkers and identify several approaches to collaboration at different stages in the treatment and recovery processes.
- Substance abuse treatment providers will become familiar with resources available to support children of parents who abuse substances.

## **Course Contents and Time Estimates**

Section	Approximate Time to Complete
<b>Before You Start</b> —describes the course purpose, goals and objectives, course benefits, and benefits of collaboration with child welfare professionals.	30-40 minutes
Module One—provides an overview of child maltreatment, child welfare, and shared family issues.	30-45 minutes
Module Two—addresses understanding the basics of the child welfare and dependency court systems.	45-60 minutes
Module Three—presents issues and strategies for collaborating with child welfare.	45-60 minutes
Module Four—describes the treatment provider's role in supporting the client who is a parent.	30-45 minutes
Module Five—describes the treatment provider's role in early identification and reporting of child abuse and neglect.	30-45 minutes
Knowledge Assessment—20 questions	5-10 minutes

Based on a pilot test of the tutorial, participants may take 3 to 4 hours to complete. Completion time may vary by each participant's:

- reading pace
- learning style
- ability to focus on the tutorial and minimize distractions
- knowledge of the information in the tutorial
- other work commitments

The online course has been approved by the National Association for Alcoholism and Drug Abuse Counselors for 4 credit hours under the Danya Institute's Provider Number 309. To receive credit for the course, participants must complete the Knowledge Assessment at the end of Module 5.

### **Maximizing the Benefits of Online Learning**

The online modality can help to overcome barriers normally associated with classroom learning, such as inconvenient schedules and travel time. Online training can offer:

- Ability to self-schedule.
- Ability to self-pace.
- Convenience of taking the training in your own office.
- Immediate access to training and other online resources.
- Flexibility to balance your workload with the training.

You may stop the online tutorial at any time and the tutorial will hold your page.

Additionally, you may take the course with you. The NCSACW website offers a PDF version of the course that can be printed for your convenience.

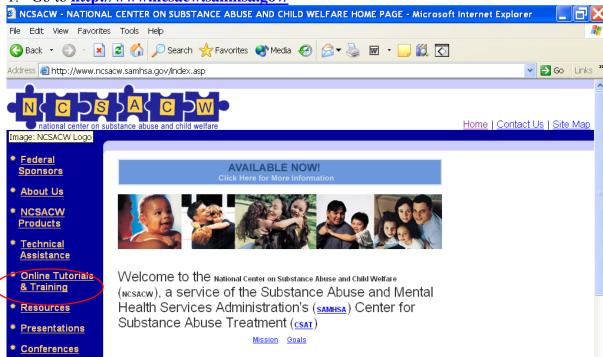
Self-study may involve some challenges not normally present in classroom training. To complete the course in a timely way, you may need to:

- Limit distractions.
  - Set aside a particular time to work on the training.
  - o Turn off the ringer on your phone.
  - o Collaborate with your supervisor to schedule your online work.
- Schedule your training in a way that fits with the way you learn best.
  - On your own.
  - With a co-worker.
  - One module at a time.
  - All at once.
- Translate learning into practice.
  - Use the self-reflection and goal-setting exercises in the Participant Workbook to consider how you can use some of the recommended strategies and tools with your clients.
  - Use the charts and graphs provided with clients and community partners, when appropriate.
  - $\circ\;$  Discuss the information with your supervisor and co-workers.

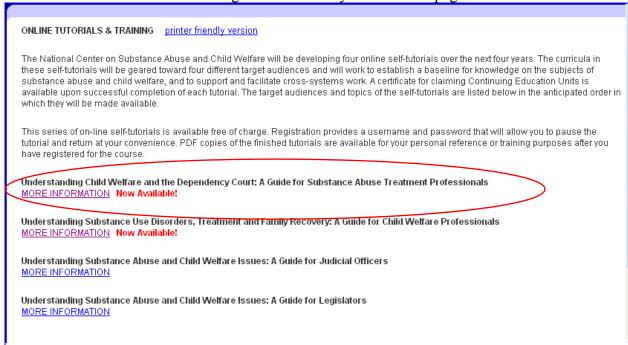
#### **Registering for the Course Online**

#### A. Register for the Course

1. Go to http://www.ncsacw.samhsa.gov/



2. Select Online Tutorials and Training. This will take you to a menu page.



- 3. Find <u>Understanding Child Welfare and the Dependency Court: A Guide for Substance</u>
  Abuse Treatment Professionals, Select <u>MORE INFORMATION</u>.
- 4. Click on Register
- 5. Enter the requested information.
- 6. Select the course.

#### Course Registration \*

Please select the course(s) you want to take.

- ☑ Understanding Child Welfare and the Dependency Court: A Guide for Substance Abuse Treatment Professionals
   ☑ Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for Child Welfare Professionals
- 7. Click on Submit
- 8. On the new page, "START A TUTORIAL," click on the tutorial, <u>Understanding Child</u> Welfare and the Dependency Court: A Guide for Substance Abuse Treatment Professionals.
- 9. The new page will be titled, <u>Why Should I Take This Course?</u> This is the introduction to the online training.



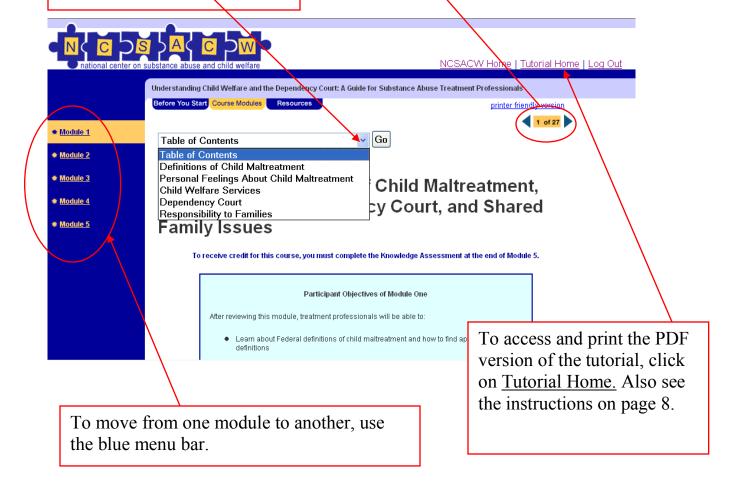
## **B.** Print the PDF Copy of the Tutorial (optional)

- 1. After you have registered for the tutorial, go to the page that says Start a Tutorial and Return to a Tutorial.
- 2. Click on <u>PDF Copy of Understanding Child Welfare and the Dependency Court: A Guide</u> for Substance Abuse Treatment Professionals.
- 3. Open, then print. The PDF copy is 128 pages.

### **Navigating the Tutorial**

To move forward or backward between pages in a module, click on the blue arrows.

To move among sections of a module, use the drop-down menu.



## **Course Supplements**

The following section contains reading questions, and self-reflection and goal-setting exercises, ordered by module.

## **Supplement to Introduction-Before You Start**

Reading Questions		
Questions	Select the correct answer(s).	Reference Pages
1. Collaboration between treatment professionals and child welfare professionals can help clients in treatment by:	<ul> <li>a) Strengthening a family's relationships</li> <li>b) Helping to engage and retain clients</li> <li>c) Supporting better treatment plans</li> <li>d) Reducing family stress</li> <li>e) All of the above</li> </ul>	Pages 8-9 online
2. Why is parental substance abuse a concern to child welfare professionals?	<ul> <li>a) Parents who abuse substances are poor role models</li> <li>b) Parents who abuse substances are usually lowincome, single parents</li> <li>c) Substance abuse may contribute to unsafe situations for children</li> <li>d) Substance abuse is illegal activity</li> </ul>	Page 10 online
3. What is the role of the dependency court judge in child welfare cases?	<ul> <li>a) To terminate parental rights and place a child in an adoptive home as soon as possible</li> <li>b) To balance the evidence and advice of service providers in determining the best interests of children</li> <li>c) To ensure the parent's rapid progression through treatment</li> <li>d) To make decisions based on evidence produced in the child welfare investigation</li> </ul>	Page 11 online
4. Youth in the child welfare system may have special needs related to substance abuse. List three examples of these needs.		Page 12 online

## **Introduction Self-Reflection**

How have you learned about the child welfare system?
How do you view your role as a treatment provider when working with clients who are in the child welfare system?
What do you need to know in order to support clients who are involved with the child welfare system?
As a treatment provider, what can you do to <b>prevent</b> child abuse and neglect among your clients?

Introduction Goal Setting
1. What do you hope to learn from this tutorial?
2. How can you use what you learn to help clients?

## Supplement to Module 1 Overview of Child Maltreatment, Child Welfare, and Shared Family Issues

Reading Questions			
Questions	Select the correct answer(s).	Reference Pages	
1. According to the tutorial, the definitions of child abuse and neglect used by child welfare agencies are developed by:	<ul> <li>a) The Child Abuse Prevention and Treatment Act (CAPTA)</li> <li>b) The Administration for Children and Families</li> <li>c) The juvenile dependency court</li> <li>d) The state legislature</li> <li>e) The Keeping Children and Families Safe Act</li> </ul>	Pages 2-4 online	
2. According to the tutorial, what are some concerns that treatment professionals may have about making a child abuse or neglect report?	<ul> <li>a) They may believe that children are better off with their parents than in foster care</li> <li>b) They may be concerned for the privacy of the family</li> <li>c) They may fear that a report may make the situation worse</li> <li>d) They may fear jeopardizing a relationship with an adult client</li> <li>e) All of the above</li> </ul>	Page 5 online	
3. Services provided by child welfare agencies	<ul> <li>a) may include in-home counseling services</li> <li>b) are only provided if children are taken into custody</li> <li>c) are limited to short-term foster care placements</li> <li>d) require parents to become abstinent from alcohol or drugs in order for children to remain home or be returned home</li> </ul>	Pages 10-13 online	
4. According to the tutorial, what is the function of dependency court hearings? (more than one answer)	<ul> <li>a) To determine if a child should be removed from the home</li> <li>b) To assess the level of a parent's substance use disorder</li> <li>c) To determine whether the parent is making progress sufficient to keep a child in the home or to return a child to the home</li> <li>d) To determine if the parent's substance use disorder has resulted in a failure to fulfill major role obligations at work or school</li> <li>e) To identify co-existing mental health and substance abuse concerns</li> </ul>	Pages 14-17 online	

Reading Questions		
Questions	Select the correct answer(s).	Reference Pages
5. According to the tutorial, what are some experiences common to parents in substance abuse treatment?	<ul> <li>a) Feelings of guilt for their parenting failures</li> <li>b) Pending criminal charges related to child abuse or neglect in addition to drug-related charges</li> <li>c) Resentment toward family members who have custody of the parents' children</li> <li>d) Issues related to their own abuse or neglect as children</li> <li>e) All of the above</li> </ul>	Page 20 online
6. According to the tutorial, what are some experiences common to children of parents who are receiving substance abuse treatment?	<ul> <li>a) Lack of age-appropriate supervision</li> <li>b) Frequent absences from school</li> <li>c) Missed immunizations</li> <li>d) Prenatal exposure to alcohol or drugs</li> <li>e) All of the above</li> </ul>	Page 21 online
7. According to the tutorial, which of the following responsibilities do substance abuse treatment providers have toward a client with minor children?	<ul> <li>a) To report the parent to law enforcement for possible child endangerment</li> <li>b) To evaluate the safety of the children in the client's care</li> <li>c) To screen the children for substance use disorders</li> <li>d) To encourage the client to place the children with relatives until the substance abuse no longer presents a child welfare concern</li> </ul>	Pages 24-25 online
8. For clients with children who are already involved in the child welfare system, the substance abuse counselor can provide appropriate assistance by	<ul> <li>a) obtaining a copy of any court orders related to the child welfare case</li> <li>b) providing information to the client's attorney</li> <li>c) collaborating with the child welfare caseworker to identify and provide services that support the client and children</li> <li>d) all of the above</li> <li>e) b and c only</li> </ul>	Page 25 online

## Module 1 Self-Reflection

1.	Look at the Values and Attitudes list on the link provided on Page 6 of the online tutorial. As you review the statements on the list, consider your own thoughts, feelings, and perceptions. What are some issues that really concern you? How might your feelings and beliefs affect your work with parents, children, and families with substance use disorders?
2.	Looking at the Statistical Snapshots on page 13 of the online tutorial, how does the extent of child maltreatment change or confirm what you already believe about child abuse and neglect? How does it change or confirm what you already believe about the impact of substance abuse on children?
3.	Read Case Study 1 – Part 1. As a treatment provider, how would you intervene to help Lisa? How might you involve her adult children? What car you do to support her two sons?

## Module 1 Goal Setting

dentify 3 ways that you can apply what you have learned in Module 1 to your work with clients.
•
•

# Supplement to Module 2 Basics of the Child Welfare and Dependency Court System

Reading Questions		
Questions	Select the correct answer(s).	Reference Pages
1. The Foster Care Independence Act of 1999 and the John H. Chafee Care Independence Program address the problems and needs of older youth who have grown up in foster care, including	<ul> <li>a) life skills training</li> <li>b) housing</li> <li>c) employment assistance</li> <li>d) mental health and treatment services</li> <li>e) all of the above</li> </ul>	Page 3 online
2. The term "reasonable efforts" refers to (more than one answer)	<ul> <li>a) the services provided by the child welfare system to prevent the placement of a child</li> <li>b) the services provided by the child welfare system to reunify a child with parents</li> <li>c) the services provided by substance abuse treatment providers to help the parent achieve abstinence</li> <li>d) the services completed by the parent in order to reunify with a child</li> </ul>	Pages 7-9 online
3. Which of the following is true of timetables required by ASFA? (more than one answer)	<ul> <li>a) The timetables estimate the length it takes to ensure a reasonable decision can be made about the best interests of the child</li> <li>b) The timetables are supervised by the dependency courts</li> <li>c) The timetables accommodate the unpredictable course of substance abuse treatment</li> <li>d) The timetables can be changed by the child welfare caseworker if needed</li> </ul>	Pages 7-9 online
4. How is a child's membership in an Indian tribe determined?	<ul> <li>a) By DNA testing</li> <li>b) By each tribe's rules of membership</li> <li>c) By the parent's membership in a tribe</li> <li>d) By the Indian Child Welfare Act (ICWA)</li> </ul>	Pages 14-15 online

Reading Questions			
Questions	Select the correct answer(s).	Reference Pages	
5. How is ICWA different from ASFA? (more than one answer)	<ul> <li>a) Under ICWA, a child welfare agency must make active efforts to provide rehabilitative services to keep families together or reunify families</li> <li>b) Under ICWA, termination of parental rights may only be considered when there is evidence beyond a reasonable doubt that continued custody would result in serious emotional or physical harm to the child</li> <li>c) Under ICWA, Indian children may be removed only if the parents have caused serious emotional or physical harm to the child</li> <li>d) Under ICWA, the Indian tribe assumes custody of the children and responsibility for providing reunification services to the family</li> </ul>	Page 19 online	
6. What are the four timetables that may come into conflict for substance abusing parents whose children are in foster care?		Pages 20-22 online	
7. If a client reports to you that she is receiving family preservation services from a child welfare agency, it is appropriate for you to conclude that	<ul> <li>a) any child welfare concerns are minor because the children have not been removed</li> <li>b) you do not need to refer the client for parenting classes</li> <li>c) a release of information between your agency and the child welfare agency could be useful</li> <li>d) the client's substance abuse is causing significant problems at home</li> <li>e) the child welfare professional knows that the client is in substance abuse treatment</li> </ul>	Pages 23-36 online	
8. When referring a treatment client to family support services, which of the following are important considerations?	<ul> <li>a) The appropriateness of education and training strategies to the client's interests, needs, and learning style</li> <li>b) Cultural and linguistic appropriateness</li> <li>c) The effectiveness of the program for families in recovery</li> <li>d) The involvement of fathers, partners, and other family caregivers</li> <li>e) All of the above</li> </ul>	Pages 28-30 online	

Reading Questions		
Questions	Select the correct answer(s).	Reference
		Pages
9. List 4 types of services that, in addition to substance abuse treatment, may assist parents in reunifying with their children.		Page 35 online
10. If a client has children in foster care, what can you expect of the relationship between the foster parents, the client, and the children?	<ul> <li>a) The children will be less of a distraction to the client</li> <li>b) The foster parents and client will have a rivalrous relationship</li> <li>c) The client will have less frequent visits with the children if the foster parents are relatives</li> <li>d) The client will experience greater emotional stability if the foster parents are relatives</li> <li>e) None of the above</li> </ul>	Pages 36-39 online
11. The term "legal guardian" refers to	<ul> <li>a) a person who makes decisions on behalf of the child, related to school, medical needs, or religious education, without obtaining permission from parents</li> <li>b) an attorney who represents the child in dependency court hearings</li> <li>c) a kinship care provider</li> <li>d) a relative who is authorized to make decisions on behalf of the parent, in the event that the parent is proven mentally or physically incapacitated</li> </ul>	Pages 40-47 online

## Module 2 Self-Reflection

١.	Read Case Study 2, Part 1 on page 16 of the online tutorial. What might be some safety concerns for Thelma's children, Jill and Edwin?		
	Read Case Study 2, Part 2 on page 18 of the online tutorial. How did substance use contribute to the situation that occurred? Aside from losing their home, what else do you think the children experienced as a result of the fire?		
•	Consider what you read about competing requirement in the light of your experience as a treatment provider. How frequently do your clients have competing time frames? How do you help them?		

## Module 2 Goal Setting

Goal Setting			
Identify 3 ways that you can apply what you have learned in Module 2 to your work with clients.			
1			
2			
3			

# Supplement to Module 3 Basics of the Child Welfare and Dependency Court System

Reading Questions		
Questions	Select the correct answer(s).	Reference Pages
1. Although child welfare and substance abuse treatment professionals may have different primary concerns, they can work toward successful outcomes by:	<ul> <li>a) respecting the client's privacy and not sharing information</li> <li>b) viewing the client's parental needs and treatment needs in the larger context of the total family's needs</li> <li>c) viewing the client's parental needs as separate from treatment needs and addressing them with as many services as possible</li> <li>d) placing the children's goal of permanency ahead of the client's goal of sobriety</li> </ul>	Page 2 online
2. The primary goal of substance abuse treatment professionals is to address a client's substance abuse disorder. The primary goal of child welfare professionals is to address:	<ul> <li>a) the parent's parenting skills</li> <li>b) the child's developmental needs</li> <li>c) the parent's substance abuse disorder</li> <li>d) the child's safety</li> </ul>	Page 3 online
3. According to the tutorial, which of the following is likely to be true about parents who are involved in both the child welfare system and substance abuse treatment?	<ul> <li>a) If they have custody of their children, they may fear losing custody</li> <li>b) They have co-occurring needs that must be both addressed for any progress to occur</li> <li>c) They may receive conflicting messages about relapse</li> <li>d) They may be held to different time frames for treatment and recovery</li> <li>e) All of the above</li> </ul>	Pages 3-10 online
4. If a family involved with the child welfare, dependency court, and substance abuse treatment systems has membership in an American Indian tribe, how may the tribe be involved with the parents' treatment?	<ul> <li>a) The tribe determines how best to be involved</li> <li>b) The child welfare professional concedes jurisdiction to the tribe</li> <li>c) The treatment provider determines the extent of tribal participation</li> <li>d) The parent must attend treatment at an Indian Health Service facility.</li> </ul>	Pages 11-12 online

Reading Questions		
Questions	Select the correct answer(s).	Reference Pages
5. Which of the following are key collaboration strategies for treatment providers who serve American Indian children and families? (more than one answer)	<ul> <li>a) Work collaboratively with tribal social workers in implementing ICWA requirements</li> <li>b) Include tribal social workers in case plan development</li> <li>c) Wait for the tribe to approach you, since they define the terms of service</li> <li>d) Contact extended family members, since American Indian extended families are much larger than mainstream families</li> </ul>	Page 15 online
6. What are the benefits of interviewing treatment clients about their current involvement with the child welfare system?	<ul> <li>a) It will enable you to track their progress on child welfare requirements relative to their timetable</li> <li>b) It will enable you to advocate for appropriate services with the child welfare professional, the guardian ad litem, and the judges</li> <li>c) It will help you to identify support for the family to help it remain intact or help reunify parents and children</li> <li>d) It will help you to prevent families from becoming involved with the child welfare system</li> <li>e) All of the above</li> </ul>	Page 18 online
7. Which of the following are ways that you, as a treatment provider, can participate in dependency court hearings? (more than one answer)	<ul> <li>a) Provide documentation on what the treatment facility has done to support the family</li> <li>b) Inform the child welfare professional or the court of the extent to which the parent has participated in treatment</li> <li>c) Inform the child welfare professional or the court of your opinion regarding the placement of children</li> <li>d) Inform the child welfare professional or the court of any services the client continues to need to recover or to provide a safe home for children</li> <li>e) Inform the child welfare professional or the court of your predictions on whether the client will complete treatment.</li> </ul>	Pages 33-34 online

Reading Questions		
Questions	Select the correct answer(s).	Reference Pages
8. Using the description of community resources on pages 35 – 48 online, answer the following questions: Which of these services are offered by your organization? To which services do you most commonly refer clients? Which services are easily available in your community? Which services might be more difficult to access?		
9. Federal confidentiality laws for substance abuse treatment prohibit disclosing without consent: (more than one answer)	<ul> <li>a) that a person is in substance abuse treatment</li> <li>b) that a person has received substance abuse treatment</li> <li>c) that a person has applied for substance abuse treatment</li> <li>d) that a person in a substance abuse treatment program is abusing or neglecting children</li> <li>e) that children who are suspected of being abused and neglected reside in a substance abuse treatment facility</li> </ul>	Pages 48-50 online
10. If a client is involved with child welfare and the dependency court, which of the following best describes how confidentiality laws apply to relapse?	<ul> <li>a) Treatment providers are compelled to report relapse to the dependency court</li> <li>b) Treatment providers can omit mention of relapse from a report to a dependency court, as long as the client is making satisfactory progress in treatment</li> <li>c) Treatment providers can omit mention of relapse to a dependency court but must report the relapse to the child welfare agency if children were affected by the relapse</li> <li>d) Treatment providers are not obligated to report relapse unless it contributed to an incident of child abuse or neglect</li> </ul>	Pages 48-50 online

## Module 3 Self-Reflection

1.	Read Case Study 1, Part 3 on page 9 of the online tutorial. What services might help Dan Jr. and Ricky? How might connecting Dan Jr. and Ricky with services support Lisa's progress in treatment?		
2.	Read Case Study 2, Part 3 on page 13 of the online tutorial. Suppose that Thelma came to your treatment facility the next day, expressing a desire to get help for her alcohol use, and explaining that her child welfare caseworker had encouraged her to get into treatment. What do you need to know about the child welfare case?		
3.	Read Case Study 2, Part 4 on page 16 of the online tutorial. How can you collaborate with the newly involved American Indian tribe?		

# Module 3 Goal Setting

Identify 3 ways that you can apply what you have learned in Module 3 to your work with clients.
1
2
3
How can you use these Module 3 resources to support your goals?
<ul> <li>No-Cost Strategies to Improve Services and Outcomes, and Increase Collaboration, page 17</li> </ul>
Worksheets to Develop Child Welfare Profiles, page 19
• Information Sharing Chart, page 31
Table of Issues Relating to the Dependency Court, page 34

## Supplement to Module 4 Your Role—Supporting Your Client

Reading Questions		
Questions	Select the correct answer(s).	Reference Pages
1. According to the tutorial, which concepts about family systems theory do substance abuse treatment providers share with child welfare professionals? (more than one answer)	<ul> <li>a) Members of a family unit are interdependent</li> <li>b) A family unit tries to find a point of homeostasis within which all family members can function</li> <li>c) The capacity to parent is affected by how one was parented</li> <li>d) That adults who abuse substances are not fit to be parents</li> </ul>	Page 3 online
2. According to the tutorial, what are three characteristics of substance abusing parents? (three answers)	<ul> <li>a) Their substance abuse is the central organizing force around which their lives evolve</li> <li>b) The substance abuse of a parent affects all family members, especially children</li> <li>c) The substance abuse is a coping mechanism for childhood sexual abuse, which is repeated across generations</li> <li>d) The substance abusing parent often has a range of serious problems, some of which began in childhood, and some of which result from substance abuse</li> </ul>	Page 13 online
3. According to the tutorial, how does parental substance abuse affect the developmental experiences of children? (more than one answer)	<ul> <li>a) Children may not have opportunities to emotionally and mentally process what is happening to them and around them in ways that are appropriate to their age and developmental abilities</li> <li>b) Children grow up believing that education and hard work are unimportant</li> <li>c) Children may be unable to process traumatic or difficult experiences during each developmental period</li> <li>d) Children may not receive the mental help needed to manage experiences of abuse, neglect, domestic violence, foster care placement, changes in caregivers, deaths, or serious illnesses</li> </ul>	Pages 9-15 online

Reading Questions			
Questions	Select the correct answer(s).	Reference Pages	
4. When a child is placed in foster care or when parental rights are terminated, how might the parent experience grief and loss? (more than one answer)	<ul> <li>a) Loss and grief over the child</li> <li>b) Loss of contact with family members</li> <li>c) Loss of a partner or significant other</li> <li>d) Reliving earlier grief from loss of parents or significant caregivers</li> <li>e) All of the above</li> </ul>	Page 17 online	
5. According to the tutorial, what can treatment providers do to help clients stay out of the child welfare system?	<ul> <li>a) Screen the client for childhood experiences of abuse or neglect</li> <li>b) Provide parents with support for maintaining the daily schedules of and supervising children</li> <li>c) Connect parents with support groups related to parenting</li> <li>d) Assist parents in finding needed services for their children</li> <li>e) All of the above</li> </ul>	Page 20 online	
6. How can motivational treatment techniques facilitate collaboration between treatment providers and child welfare professionals? (more than one answer)	<ul> <li>a) By rationalizing the actions of the child welfare system</li> <li>b) By helping the client to understand how serious participation in treatment will help her regain custody of her children</li> <li>c) By helping the client to break down the processes for recovery for reunification into small steps</li> <li>d) By educating the child welfare professional on the stages of change</li> </ul>	Page 22 online	
7. Joint planning and case management should include which of the following? (more than one answer)	<ul> <li>a) Ensuring the involvement of the treatment counselor in the client's permanency planning hearings and court appointments</li> <li>b) Engaging the treatment client planning for the client and minor children</li> <li>c) Ensuring the child welfare workers, courts, and parent and child attorneys have a full understanding of the neurobiology of addiction and how it may influence the recovery process</li> <li>d) Ensuring the child welfare workers, courts, and parent and child attorneys have a full understanding of the treatment strategies and approaches being used by the treatment counselor</li> </ul>	Page 28 online	

Reading Questions			
Questions	Select the correct answer(s).	Reference	
		Pages	
8. Treatment providers can work with parents' attorneys to help them more effectively represent and advocate for them by providing information on: (more than one answer)	<ul> <li>a) errors in the social workers' reports</li> <li>b) successful visitation</li> <li>c) services that are not being provided</li> <li>d) judge's orders that are not being followed that would benefit the parent</li> <li>e) a and c only</li> </ul>	Page 30 online	
9. According to the tutorial, the treatment provider can help to prepare parents for court proceedings by: (more than one answer)	<ul> <li>a) asking children for an update on the child abuse and neglect that has occurred</li> <li>b) role playing questions that might be asked</li> <li>c) requesting legal representation for a parent if she is in a state that does not automatically provide such representation</li> <li>d) teaching parents about the nonverbal messages conveyed by grooming and body language</li> </ul>	Page 30 online	
10. Identify 4 parenting tasks that, according to the tutorial, are often affected by substance abuse.		Page 14 online	
11. According to the tutorial, it is important to develop a common understanding of the total problems and needs of parents and their children, as they attempt to meet both treatment and child welfare/dependency court requirements. Identify 4 examples of these needs.		Page 23 online	

### Module 4 Self-Reflection

1.	Read Case Study 1, Part 4 on page 27 of the online tutorial. To what public services are you able to refer your clients?		
	,		
2.	Read Case Study 2, Part 3 on page 13 of the online tutorial. Suppose that Thelma came to your treatment facility the next day, expressing a desire to get help for her alcohol use, and explaining that her child welfare caseworker had encouraged her to get into treatment. What do you need to know about the child welfare case?		
3.	Read Case Study 2, Part 4 on page 16 of the online tutorial. How can you collaborate with an American Indian tribe to support your client's family?		

For more information about talking with clients about their own childhood abuse and neglect issues or about their children's safety and well-being, see CSAT TIP (Treatment Improvement Protocol) 36, p. 23-25, and 74-79. The TIP is available online or in hardcopy. To access or order the TIP, go to <a href="http://www.treatment.org/Externals/tips.html">http://www.treatment.org/Externals/tips.html</a>, and select TIP 36.

## Module 4 Goal Setting

Using the strategies suggested on page 20, what are 3 ways you can help your clients who are parents to stay out of the child welfare system? 1.\_\_\_\_\_ Using the strategies recommended on pages 21-28, how can you collaborate with child welfare workers to support common clients? 1.\_\_\_\_ Using the strategies suggested on pages 33-34, how can you help clients to prepare for and respond to post-treatment family outcomes? 1.\_\_\_\_\_

# Supplement to Module 5 Your Role—Early Identification and Mandated Reporting

Reading Questions		
Questions	Select the correct answer(s).	Reference Pages
1. At what points in the treatment process should a substance abuse counselor screen clients for childhood abuse and neglect? (more than one answer)	<ul> <li>a) As early as possible</li> <li>b) After the client has sustained sobriety for 30 days</li> <li>c) At the first sign that the client is abusing or neglecting her own children</li> <li>d) After a trusting relationship has been established</li> </ul>	Page 4 online
2. If a treatment provider is concerned about a child's developmentally inappropriate behavior, such as being unable to separate from the parent or wetting pants, or a child's appearance of being underweight, unkempt, or bruised, the treatment provider should discuss these concerns with:	<ul> <li>a) the local child protection agency</li> <li>b) the provider's supervisor</li> <li>c) the parent</li> <li>d) the child</li> <li>e) all of the above</li> </ul>	Page 7 online
3. Identify four of the most common conditions that are reportable in most states.		Pages 9-10 online
4. If you suspect that a child of a treatment client is being abused or neglected, what steps should you take before making a report?	<ul> <li>a) Confront the client about your suspicion</li> <li>b) Monitor the situation for 24 hours, documenting how the client and child interact</li> <li>c) Find activities to keep the mother and child separate until child protective services can make contact</li> <li>d) Take no further steps and make the report.</li> </ul>	Pages 11-14 online

Reading Questions			
Questions	Select the correct answer(s).	Reference Pages	
5. What information should you be prepared to provide during the initial report to child protection?	<ul> <li>a) The age and location of the child</li> <li>b) The names and contact information for parents or other primary caregivers</li> <li>c) The type of abuse or neglect, as specific and factual as possible</li> <li>d) The name of the alleged perpetrator</li> <li>e) All of the above</li> </ul>	Pages 13-15 online	
6. When a treatment provider informs a client that a child protection report has been made, which of the following should she consider?	<ul> <li>a) Program policies on when and how the client should be notified</li> <li>b) The potential harm to a child that the parent could inflict</li> <li>c) The parent's potential to influence the child's disclosures to CPS</li> <li>d) The parent's prior experience with the child welfare agency</li> <li>e) The availability of alternate caregivers to take in the child until the investigation has been completed</li> </ul>	Pages 16-18 online	
7. In the event that a child protection investigation is completed and closed without court involvement, a treatment provider should: (more than one answer)	<ul> <li>a) contact the caseworker, with the parent's legal consent, to ask what the treatment program can do to support the family and keep the children safe</li> <li>b) assume that there was insufficient evidence of maltreatment</li> <li>c) make another referral</li> <li>d) ask the parent what happened in the investigation and what services were referred</li> <li>e) request the investigation records through the Government Records Access and Management Act (GRAMA)</li> </ul>	Pages 16-18 online.	

## Module 5 Self-Reflection

1.	What are some ways you can screen your clients for their history of childhood abuse or neglect?		
2.	What are some ways you can talk with clients about their current home life?		
3.	How can you learn more about a client's relationship with his or her children?		

# Module 5 Goal Setting

Identify 3 ways you can apply what you have learned in Module 5 to your work with clients.
1
2
3
Review your responses to self-reflection questions 3 and 4 on page 17 in your Participant Workbook. How would you answer these questions now?

#### Resources

The statewide, toll-free Utah Child Protection hotline is (800) 678-9399. Each of Utah's five regions has its own hotline number. To find out which local number you can call to report abuse or neglect, visit <a href="http://www.dcfs.utah.gov/locations.htm">http://www.dcfs.utah.gov/locations.htm</a>.

- 1. The Utah Division of Child & Family Services is the state child welfare agency. Its website contains information on:
  - How to report child abuse and neglect
  - Office locations and phone numbers
  - Common questions
  - The Indian Child Welfare Act
  - Practice guidelines (the casework process)
  - Reports and plans

For more information, see <a href="http://www.dcfs.utah.gov">http://www.dcfs.utah.gov</a>

- 2. The Utah Division of Substance Abuse and Mental Health is the State agency responsible for ensuring that prevention and treatment services for substance abuse and mental health are available statewide. For more information, see <a href="http://www.dsamh.utah.gov/">http://www.dsamh.utah.gov/</a>
- 3. Utah Department of Human Services Hot Tips webpage helps people to navigate Department resources quickly. For more information, see <a href="http://www.dhs.utah.gov/main\_hot\_tips.htm">http://www.dhs.utah.gov/main\_hot\_tips.htm</a>.
- 4. Utah Cares is a free, confidential tool that helps you find state and community services. A version of the website is available in Spanish. For more information, see <a href="http://www.utahcares.utah.gov">http://www.utahcares.utah.gov</a>
- 5. Utah Department of Workforce Services provides employment and support services, including applications for public benefits. For more information, see <a href="http://jobs.utah.gov/jobseeker/dwsdefault.asp">http://jobs.utah.gov/jobseeker/dwsdefault.asp</a>
- 6. Suggestions for talking with adult clients about these matters is available from CSAT TIP (Treatment Improvement Protocol) 36, p. 23-25, and 78. The TIP is available in an online and hardcopy format. For more information, see <a href="http://www.ncbi.nlm.nih.gov/books/bv.fcgi?rid=hstat5.chapter.63145">http://www.ncbi.nlm.nih.gov/books/bv.fcgi?rid=hstat5.chapter.63145</a>

#### Thank You

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